

Make a difference, make a pledge, or two...

If you would like to take some practical steps towards making a difference then do as many of the top ten pledges below as you think you can achieve.

Pledge 1

I pledge to ring my electricity supplier over the next 24 hours and see if I can switch to green energy (if not I will find one!)



Pledge 2

I pledge to buy local seasonal produce as much as possible ñ starting with at least 2 meals a week.



Pledge 3

I pledge to educate myself about the science and impacts of climate change.



Pledge 4

I pledge to contact my MP and my friends and make these pledges too.



Pledge 5

I pledge to walk, cycle, use public transport or register with **liftshare.com** 08700 11199 to travel to work or regular journey at least once a week.



Pledge 6

I pledge to work out my own carbon footprint using one of the many easy to use carbon calculators eg, **footprint.wwf.org.uk**



Pledge 7

I pledge to find out how I can save energy in my home with **energysavingtrust.org.uk**



Pledge 8

I pledge to turn my thermostat down or use a thermometer to reach the lowest comfortable temperature, typically between 18-21°C & think about putting on a jumper instead.



Pledge 9

I pledge to reduce my holiday air miles by 50%.



Pledge 10

I pledge to research/google éDriving in a greener wayí or book a driving lesson to learn reduced-emission driving techniques (called eco-safe driving by the DVSA).

